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Welcome to the September edition of the CC Bexley Newsletter. What a summer we've had? After the freezing cold spring came the blazing hot summer of club runs, World Championships, the Club TT Championships and the Evening 10 Series - this publication just about covers it all. I am looking forward to a long and warm autumn; therefore this newsletter's club logo header is taken from my gilet, which will get some use over the coming months (looks like it could do with an iron!). We can also look forward to the club Reliability, the Club Roller Championships and the Annual Dinner and Dance.

At the time of finishing this edition ready for printing the rain is lashing down, so the turbo trainer got dusted off this morning. Now this serves me right for not going on the club 'Smugglers Run' which was held yesterday in glorious sunshine down on Romney Marsh, but more on that later.

Those of us that had ordered the new club kit, took to the roads of Kent last weekend, for a club run resplendent in the lovely Bioracer attire. The new outfits are so comfortable, beautifully cut and offer good protection from the saddle as well as the elements - I'm almost looking forward to a cooler day to try out my new bib longs which are also in the blue and yellow club livery.

If you would like to order some new gear then please see Mick Morris or call him on 07912 376148.

**Tricycle Association International Challenge Sunday 2<sup>nd</sup> June 2013, Fowlmead, Kent**  
This is the World Championships for trikes; this year was the UK's turn to run this event which was held at the purpose built cycle raceway at Fowlmead. We had good club representation here with Ian Finch, John Hastings and Tom Wakefield all competing for world titles. We also had representation off the track with Roy Canning as time keeper and Pete Holbrough at the results board.



Ian Finch had a race-long dice with Geoff Booker from Oulton CC for second place in the World Championship Criterium Race. (Darnly - HNT: Ian needs a new club strip for Christmas!)

The 2013 world title was won by reigning World Champion, England's Barry Chariton from Lyme RC, but CC Bexley's own Ian Finch put up a superb race long fight to take the second step on the podium.



Ian Finch out-sprinted Booker for the silver medal position

In the Time Trial Ian Finch again took silver behind Chariton with a powerful display of speed and control to complete the course in 27 minutes 09 seconds. Tom Wakefield was 31<sup>st</sup> with a time of 39:01 whilst John Hastings enjoyed the course so much he did an extra lap after taking a wrong turn at the final split. He still finished a creditable 32<sup>nd</sup> place overall with 39:56 on the clock.

Photographs from the Tricycle International Challenge are published by kind permission of Bob Nolan, Ferg Mull, Liz Booker and Martin Purser

#### **ANNUAL DINNER-DANCE AND PRIZE PRESENTATION - 22<sup>nd</sup> February 2014 (TBC)**

The venue is The Woodlands Suite in Swanley. We are also hoping that we will have a special guest speaker for this year's annual dinner:

#### **London 2012 Paralympian, Shaun McKeown**



Shaun was inspired by the 2008 Beijing Paralympic Games and went on to win a silver medal at the London 2012 Paralympic Games. He's not too proud to still race at our evening 10s when his track schedule and national duties will allow. At the time of writing, Shaun is waiting for his training schedule ahead of the track world championships in March 2014.

Tickets will be available soon from Debbie Boxall - see her at the club or call her on 01322 523956

#### **CC Bexley Open 10, Grails - By Ken Gardner**

We had better luck with the open 10 this year - no road works on the course! Not so good for the riders though, just before the start the heavens opened soaking the riders, causing some to D N S on safety grounds; this was disappointing as we only had 26 entries plus 4 trikes riding the T A S E event incorporated within the meeting. The T A event was won by Geoff Booker with a time of 27.52, with our own CC Bexley rider, '1056' John Hastings getting the 1<sup>st</sup> h/c which he seems to be making a habit of lately. The open 10 was won by A Lyons of GS Invicta with a time of 21.08. Two CC Bexley riders, Angela and Murray Spencer, had good rides recording times of 28.22 and 29.03 respectively on a

course they had not ridden before. Angela also won the Dave Ashdown Trophy for the CC Bexley rider who recorded the time nearest to Dave's best "10" time of 25.30. I would like to thank all CC Bexley members who helped out, the marshals, time keepers, the result board, and of course the ladies who ran the refreshments bar. In the end it turned out to be an enjoyable afternoon. Thanks again to all. Ken

(Editor's note: Ken understates the severity of the rain. The temperature plummeted as the rain lashed down, straight in to the faces of the riders on the 5 mile outward leg to the turn. We were all standing under the bushes near the start shivering, waiting for our minute. As Ken pointed out to me, he was at the race HQ in the warm whilst the racing was going on. Thanks for the report Ken)

#### **CC Bexley Sunday Club Runs**

Are you in this picture? We left room for you on the end! We meet on Sunday Mornings at 09:30 by the post box and village sign in Farningham.



The club runs tend to be around the 40 mile mark, often taking in the Sevenoaks Weald with coffee at Trosley Country Park where we also come across other members who have converged on the cafe from other directions. We have also ridden out to the Aylesford Priory, crossing the River Medway in one direction or the other using the cycle path on the M2 Medway Bridge. Occasionally we also end up at the wonderful Gravesend Cyclo Park - particularly if our resident British Cycling coach, Garry Dunn, is leading the way.

Now, let's have a round up of the club's championship year.

#### Club 50 Mile TT Championship

Q50/11 – Romney Marsh - Sunday 2<sup>nd</sup> June  
Winner Garry Dunn

#### Club 25 Mile Championship

Q25/8 – Chilham - Sunday 23<sup>rd</sup> June  
Winner Mick Morris 0:58:35  
2<sup>nd</sup> Place Murray Spencer 1:08:26  
3<sup>rd</sup> Place Angela Spencer 1:12:49

A demoralising headwind on the homeward leg of this course made the finish line, manned by Paul Mephem, a sight to behold.

#### Club 12 Hour TT Championship

Sunday 1<sup>st</sup> September  
Not contested

#### Club 10 Mile TT Championship

Q10/22 – Harriets Ham - Sunday 29<sup>th</sup> June  
Winner Mick Morris 20:57  
2<sup>nd</sup> Place Angela Spencer 22:54  
3<sup>rd</sup> Place Murray Spencer 22:58

These look like impressive times, however, the course had to be shortened to 7.3 miles on the day as road resurfacing work commenced just as the event was about to start. The course lost the down hill start and the lovely down hill finish, leaving the undulating course and a punishing up hill finish in to a blustery head wind.

The 2014 Club 10 Mile TT Championship will be incorporated within a round of the Evening 10 Series to encourage greater participation. Looking at the numbers and times below, next year's championship is going to be a cracker!

#### Evening 10 Series

We had a good turn out of riders this year, 19 in all. Defending Champion Mick Morris chose to sit out the second half of the season to give the rest of us a chance, Peter Nicoll has been spotted, bulked up and in training for next season and Garry Dunn and Robyn Tearle have been touring the world with rock and roll band Sigur Ros and were only able to train

and race on a few brief breaks in the band's gruelling schedule. The series was therefore wide open and ready to have a new name engraved on the trophy.

The championship is decided on a sophisticated points system which is managed by our TT Secretary, Ken Gardner. The final results are under lock and key and will be revealed at the Annual Dinner.

I have listed every club member that raced along with their best time on the course this year.

|                          |       |
|--------------------------|-------|
| Gary Grayland            | 23:23 |
| Mark Thomas              | 24:11 |
| Barney Tedder            | 24:47 |
| Lee Willard              | 25:22 |
| Mick Morris              | 25:29 |
| Michael Bebbington       | 25:31 |
| Garry Dunn               | 25:56 |
| Ian Finch (Trike)        | 26:26 |
| Murray Spencer           | 27:09 |
| Ken Gardner              | 27:19 |
| Angela Spencer           | 27:22 |
| Andy Eiford              | 28:03 |
| Paul Ansell              | 28:35 |
| Marc Heester             | 30:13 |
| Aidan Falk               | 30:29 |
| Richard Tedder           | 30:49 |
| D Epps                   | 30:49 |
| Paul Bailey              | 30:52 |
| Roger Woods (Hand Trike) | 40:57 |

#### Club Hill Climb Championship

Stanstead Hill - Wednesday 21<sup>st</sup> August  
Winner Garry Dunn 1:34  
2<sup>nd</sup> Place Gary Grayland 1:45  
3<sup>rd</sup> Place Andrew Eiford 2:13  
4<sup>th</sup> Place Paul Ansell 2:18  
5<sup>th</sup> Place Paul Bailey 2:53

Gary Grayland won the freewheel competition, which is basically a decent of the hill, without pedalling; the winner being the rider that travels the furthest up the hill on the other side of the valley to the race course. Gary descended so well that he disappeared over the top of the next hill and hasn't been seen since!

**Clarice Masterson (nee Tingle)**  
**20<sup>th</sup> October 1932 to 29<sup>th</sup> July 2013**

It is with sadness that we have to inform you of the passing of Clarice Masterson. She died suddenly at home on Monday 29th July 2013.



Clarice came to the club from the Medway Wheelers with her husband Ian in the early 1990s. She helped with timekeeping duties on our evening "10" and other open events when asked as well as marshalling. Clarice is best remembered as a racing tricyclist. Between 1955 and 1960 she broke the national ladies record for all time trial distances from 10 miles to 12 Hours.

Our sympathies are with her husband, Ian, her brother Joe and the rest of her family.

**The Smugglers Run**

Peter Granger has organised a couple of social rides this year which are affectionately called Smugglers Runs due to the historical and prolific smuggling trade in the Romney Marsh area in days of old. The runs start and finish at the 'World's Wonder' public house, just west of Ham Street, and ride out at a moderate pace for around 30 miles along quiet lanes and roads across the beautiful Romney Marshes.

Some members choose to skip the riding part and just meet at the pub for the 1 o'clock lunch. The World's Wonder is famed for its home made pies and locally grown meat and vegetables. Rabbit pie is a particular favourite of many of the CC Bexley smugglers.

**New Tandem Club Record**

Garry Dunn and Robyn Tearle smashed the club's 10 mile mixed tandem time trial record, propelling their Claude Butler along the dual carriageway course near Hull in a very impressive 21 minutes 39 seconds. This was on the back of virtually no training due to their world tour commitments. Frustration was probably a main driver here, but goodness knows what sort of time they are going to achieve when they are both back in training!

Now for a couple of dates for the diary

**Club Annual General Meeting**

Wednesday 4<sup>th</sup> December 2013 at 8pm  
Venue: The club room Horton Kirby

**Christmas Social Evening and Buffet**

Wednesday 18<sup>th</sup> December 2013 at 8pm  
Venue: The club room Horton Kirby  
Please bring a few nibbles to add to the buffet.

**Next Issue due around Christmas 2013**

Please send any comments or content to the editor at [mandaspencer94@gmail.com](mailto:mandaspencer94@gmail.com)



See you in Farningham on Sunday. *Murray*