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Hopefully we have now seen the back of winter, the warm winds from the Sahara have been most welcome over the last couple of weeks; these warm spring days have allowed for some good club runs on our best summer bikes.

Talking of best bikes, Garry Dunn had to buy a new bike after his aging Perry's carbon frame separated at the head tube whilst travelling at speed in Majorca. Lucky for him the resulting crash wasn't too damaging for Garry, the couple of days rest allowed him to research and hire a Wilier for the rest of his holiday. Before he'd got back home he had already purchased a virtually unused Colnago via ebay. Not to be outdone, Andy Elford has finally buckled under the pressure and bought a new bike, a carbon fibre Mekk, and I have upgraded to an aero-framed Planet X. Below we have a photo of Mr Dunn displaying his new steed on a Sunday morning. Note the sunshine and uncovered legs!



Ken's Celeste coloured steel Bianchi seen above right is on its way to bike heaven after he spotted a crack right through the bottom bracket area whilst cleaning it after this ride. Normally a club magazine published around this time would have reported on the club's

Reliability Trial, unfortunately the River Darent had burst its banks and flooded the lane up to the club room, making access to the start venue, and parking, rather difficult. Mick Morris rode the route the previous day to see whether we could still run the even from a revised start point but found himself turned back by unpassable roads out on the course, again due to the flooding.

The New Year's Day ride was also called off, due to pouring rain and plummeting temperatures, but that didn't stop us from having the lunch in the Bell Public House in Kemsing. Andy Elford had ridden down to Kemsing to join the ride but was mercifully rescued by the head chef at The Bell and taken in to the warm until the rest of the club arrived for lunch.

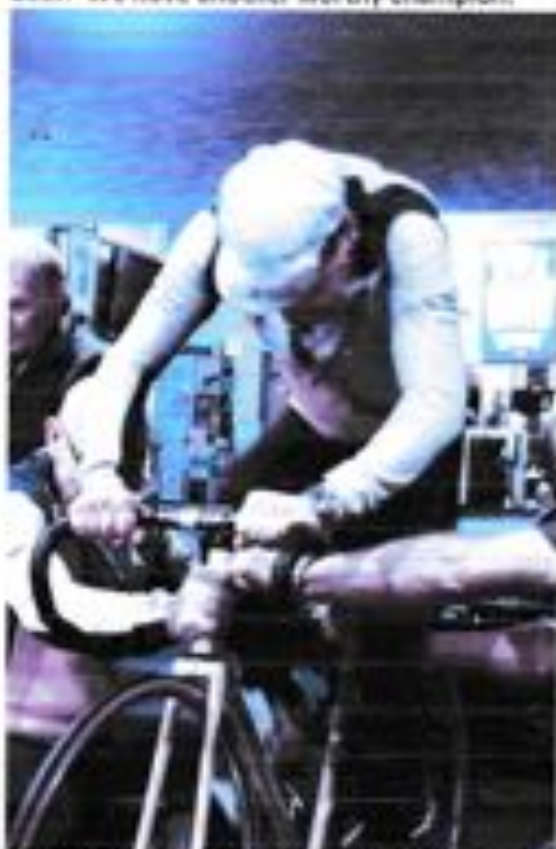
CC Bexley Roller Championships

This was to be roller racing with a difference. Just as the races were about to get under way one of the track bikes picked up a puncture (how do you get a puncture on rollers?!) so the event turned in to a Roller Time Trial. Each competitor had just one chance to lay down his best time. Defending champion, Mick Morris, bowed out gracefully before setting a time, his knee injury that he had been carrying all winter was feeling particularly painful so the door was opened for a new victor. Another contender was absent from the fray – Evening 10 Champion Gary Grayland – had been in training for his high cadence explosive effort, unfortunately he was peaking ready for the following week. To say he was disappointed at missing the competition is an understatement!

So battle commenced, each gladiator took his turn on the one remaining steed. Each one emptying their tanks in an effort to nick just a second on the opposition. The timekeepers remained tight-lipped as they noted the time taken for each warrior to complete one lap of the clock, although it was clear that Garry Dunn was going to accept nothing but an emphatic victory. Dunn held back until last, he strode up to the machine then virtually exploded in a blur of spinning cranks and

gnashing teeth. His training had paid off, he roared to an emphatic victory.

In time-honoured tradition (since last year anyway) Dunn dismounted the bike, strode to the bar and bought the other competitors a beer. We have another worthy champion.



Andrew Elford during his lap, supported by Ken Gardner and Gerry Dunn. Ray Hamad was the second timekeeper.

CC Bexley Roller Championship

Results:

Garry Dunn	26.26 Seconds
Ken Gardner	31.30 Seconds
Murray Spencer	32.15 Seconds
Andrew Elford	32.18 Seconds

Annual Dinner & Dance

The Annual Dinner is an opportunity to get dressed up and have a few drinks with your club mates. It is also an opportunity for the club to hand out the silverware earned during the previous 12 months. This year was no exception. The appearance of the tuxedo was rare a couple of years ago, this year almost half of the men ported the formal attire. Naturally, the ladies always shine. The food

was good, the music was good, but the company was excellent.

The trophy cabinet was distributed as follows:

Mick Morris	1 st 10 Mile Championship
	1 st 25 Mile Championship
	Speedwell Trophy
Garry Dunn	1 st 50 Mile Championship
	1 st Middle Distance BAR
	Hill Climb Champion
Angela Spencer	2 nd 10 Mile Championship
	3 rd 25 Mile Championship
	1 st Ladies Championship
	Dave Ashdown Trophy
	4 th Evening 10 Series
Gary Grayland	1 st Evening 10 Series
	2 nd Hill Climb Championship
	Free Wheel Champion
Murray Spencer	3 rd 10 Mile Championship
	2 nd 25 Mile Championship
	2 nd Evening 10 Series
Andrew Elford	3 rd Hill Climb Championship
	5 th Evening 10 Series
Ken Gardner	3 rd Evening 10 Series
Paul Bailey	6 th Evening 10 Series



Mick Morris, Angela Spencer and "Rolling Thunder" Gary Grayland showing off their haul of trophies and club silver.

Membership Renewal

Club membership is overdue for renewal.

£12 Full Membership

£8 Social Membership Only

If you haven't renewed your membership yet please see Richard Boxall on club nights or post him a cheque payable to 'CC Bexley' direct to Richard at the following address:

Richard Boxall
9 Wessex Walk
Dartford
Kent
DA2 7WE

CC Bexley Evening 10 Series 2014

The first round of the 2014 Evening 10 Mile Time Trial Series is almost upon us. The first round will be held on Wednesday 16th April. The first Rider is away at 6:45pm.

We are offering a priority entry system for CCB members. Please call Bob Aves if you intend to race that day on 07875 812582 and he will reserve you a space on the entry list.

This year I intend to give this series all I have, Andy Elford will be more competitive now he is on his super-fast Mekk; my lovely wife Angela states that she is going to up her game and kick my behind, and Gary Grayland will be like rolling thunder on his new (to him) Dolan Stryke. Goodness only knows how fast he is going to be on a fully aero TT bike, and woe betide if he decides to pedal on the downhill bits! The course record could be threatened!

Spectators are always welcomed and marshals are always needed for the turn at the roundabout at the top of Wrotham Hill and the turns at Eynesford.

This year every round will finish up Beesfield lane. The local residents around the Eynesford School have been calling for more control of the race, the quality of the road surface along the Eynesford Road is poor to say the least, the zebra crossing shortly after the finish could be a hazard, and to top it all, the school have increased the amount of money they require for us to park in the school grounds each week. Parking this year will therefore need to be in one of the lay-bys on the A20 or in the street in Farningham.

Club Runs

We meet every Sunday at 10 o'clock at the post box by the river in Farningham. We now have the option of a slower, shorter club run that runs at the same time as the main run, which starts at the same time and place and aims to meet up with the regular (elite?) riders at the coffee stop. If you have been thinking of coming along please call either myself on 01322 294984 or Mick Morris on 01732 822940

Over the Easter weekend we will be holding club runs on Good Friday, Easter Sunday and Bank Holiday Monday. Each ride will start from Farningham. If you fancy riding on any of these days please do call Mick as they may well be varied in length from one day to the next.



Rolling Thunder, yet there's not a cloud in the sky!
Gary Grayland with Ian Howden and Angela Spurrer at the top of the Grey Ladies climb on this Sunday's club run.

Tour De France 2014

A few of us may be travelling north to Yorkshire to spectate on the first 2 stages of the 2014 Tour De France (5th & 6th July), then, day 3's stage (Monday 7th July) finishes on The Mall in London – slightly nearer to home than Harrogate. A few weeks later, we are also considering travelling to Paris for the final stage on the Champs Elysees (Sunday 27th July). It would be fantastic to see Mark Cavendish work his magic on that most iconic of settings. Please see Mick Morris or myself if you are interested in joining in.

London Olympic Velodrome Visit

How do you fancy roaring around the Olympic Velodrome in the wheel tracks of Chris Hoy, Laura Trott and the glorious Team GB track stars? Well, now's your chance. Ken Gardner will be collecting names of those wishing to go for one of the track taster sessions. The cost is just £30 for the session, including bike and shoe hire. Club kit will be mandatory and photographers will be particularly welcome – I will find it particularly hard to take selfies whilst remembering not to stop pedalling!

Please see Ken at club nights, the start and finish of the Evening 10 Series, or call him on 01322 664566

Calendar of up-coming events

Evening 10 Time Trial Series

Round 1 – Wednesday 16th April. First rider away at 6:45pm. The entry is limited to 20 rider for the first week, so please call Bob Aves on 07875 812582 if you want to race. The final round is on 13th August.

CC Bexley Open 10 Time Trial

Saturday 10th May. First Rider away at 15.00 Course is Q10/24 which is on the Isle of Grain. Ian Finch is the Secretary of the Meeting. Call Ian on 01474 813526. Entry fee is just £8 Entry Forms can be downloaded from the Cycling Time Trials website. It would be good to have a strong club showing at this event.



Angela Spencer at the CC Bexley Open 10 in 2013. Let us hope that the weather is a little kinder to us this year.

Club 50 Mile Time Trial Championship

Sunday 8th June on Q50/11 - Romney Marsh.
Entries to Steve Gooch 07970 742272

Club 100 Mile Time Trial Championship

Sunday 15th June on Q100 – Kingsnorth
Entries to Peter Hayes 020 8857 1878

Club 25 Mile Time Trial Championship

Sunday 22nd June on Q25/8 – Chilham
Entries to Robert Giles 07905 086613

Club Barbecue

8pm on Wednesday 2nd July at the Horton Kirby Cricket Club. Top Michelin Tyred chef, Mick Morris, will be at the burners, Andrew Elford will also be within the envelope of smoke as Mick's capable assistant. **THERE IS NO EVENING 10 TIME TRIAL ON THIS DAY.**

Club 10 Mile TT Championship (all cats.)

Wednesday 9th July. This will be held in conjunction with the Evening 10 Time Trial on that day. First rider will be away at 7pm. Please notify Bob Aves of your intention to compete in order to avoid disappointment.

Club Hill Climb and Free-wheel Competition

Wednesday 20th August at Stanstead Hill.
First rider will ascend the course at 6:45

Club 12 Hour Time Trial Championship

Sunday 7th September on Q12 – Bethersden
Entries to Esther Carpenter 01424 751581

Next Issue due around June 2014

Please send any comments or content to the editor at mandaspencer44@gmail.com



I apologise for including a picture with me in it. I get ribbed mercilessly about all the 'selfies' I include in this publication! This picture was going to be taken by me, then a passer-by stopped forward and volunteered to take the photograph!

See you at Farningham, 10 o'clock on Sunday.

Marney